

Acacia Health – Child Naturopathic Intake and Consent Form.

GENERAL INFORMATION:

Date _____ PHN# _____ Blood type _____

Name _____ Birthdate _____ Phone _____

Address _____ City _____ Prov/State _____

Postal Code _____ Parent/guardian's name _____ Phone(home) _____

Phone (work) _____ Email _____ Best time to call _____

Occupation _____ (full or part-time)

Other parent or guardian _____ Phone (home) _____

Emergency contact _____ relation? _____ Phone _____

How did you hear about us? _____

Please list below all other health professionals your child is currently seeing (complimentary and conventional) and their contact numbers. Include their area of practice (GP, chiropractor, etc.)

CURRENT HEALTH CONCERNS:

What is your main reason for seeking naturopathic care for your child? If they have a specific health condition, please describe it in detail. When was the first time that you noticed the condition and describe any factors that you suspect may have played a role in its onset and its continuation?

How long has this been troubling your child? _____

Has it been getting (better, worse, remaining the same) and for how long?

In order of importance, list other health concerns that are troubling your child:

1.) _____ Since when? _____

2.) _____ Since when? _____

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3.) _____ Since when? _____

Other concerns: _____

List all medications, supplements, herbs and homeopathic medicines your child is currently taking. Include dosage and results: _____

List any treatments your child has had for this condition (surgery, acupuncture, massage, etc.) and the results. Include dates: _____

If your child has been treated homeopathically in the past, please list the remedies taken, at what dose (strength & frequency), and with what results: _____

YOUR CHILD'S HEALTH HISTORY:

Child's general state of health is (Circle): excellent good average fair poor

Prenatal History:

What was the level of health of both parents at time of conception? (circle)

Mother: poor fair good excellent

Father: poor fair good excellent

What was the state of health of the parent during the pregnancy?

Poor Fair Good Excellent

Was this a planned pregnancy? (yes / no) If not, what type of birth control was used? _____

Did the mother have any of the following during pregnancy (circle):

| | | | |
|-------------------|-----------------|----------------|--------------------------|
| trauma (any kind) | chicken pox | Toxoplasmosis | rubella (German measles) |
| Chlamydia | HIV | genital herpes | syphilis |
| strep infection | severe nausea | Hypertension | diabetes |
| hypothyroidism | hyperthyroidism | eclampsia | depression |

Other: _____

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List any supplements, medicines, herbal medicines and homeopathic medicines taken by the mother during pregnancy: _____

What were the parents emotional states during pregnancy?: _____

Natal History:

How / where was your child delivered? (circle)

home birth hospital birth vaginal delivery C-section breech head-first

Were there any interventions during the child's birth? (circle)

induction (any type) vacuum extraction forceps epidural pain control

Length of pregnancy in months: _____ Length of labour in hours: _____ Birth weight: _____

Parents age at birth: _____ APGAR score _____

List any complications not covered above: _____

Neonatal History:

Did your child have any of the following in the first year of his/her life? (circle)

Birth defects Anemia Respiratory problems

Jaundice Rashes Allergies

Birth injuries Convulsions Ear infections

Colic Lack of appetite

Other: _____

After the first year:

Childhood Illnesses (circle):

| | | | | |
|-----------------|--------------------|---------------|----------------|-------------------|
| Chicken pox | Measles | Mumps | Impetigo | Diarrhea |
| Polio | Strep throat | Scarlet fever | Allergies | Eczema |
| Lice | Pink eye | Tonsillitis | Tuberculosis | Colic |
| Constipation | Pneumonia | Croup | Diaper rash | Vision loss |
| Asthma | Cradle cap | Nose bleeds | Hearing loss | Hypothyroidism |
| Bed wetting | Ear infections | Anemia | Hyperactivity | Chronic infection |
| Depression | ADD/ADHD | Autism | Cancer | Oral herpes |
| Crohn's disease | Ulcerative colitis | Hypoglycemia | Epilepsy | Hyperthyroidism |
| Diabetes | Warts | Heart disease | Heart attack | |
| Canker sores | Hypertension | Hepatitis | Whooping cough | |
| Mononucleosis | Diabetes | Rubella | Diphtheria | |

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Please list the five most significant, stressful events in your child's life, from the most recent to the most distant. Are any of these situations continuing to impact his or her life? (If so place a star next to the event.)

- 1.) _____ Date _____
- 2.) _____ Date _____
- 3.) _____ Date _____
- 4.) _____ Date _____

Is your child currently working with a professional counsellor, psychologist, social worker, pastor, rabbi, psychiatrist, or other therapist?

(yes / no) Have they in the past? (yes / no) If so, when? _____

Previous surgeries and hospitalizations not mentioned above (include dates) _____

Does your child have any allergies to any drugs, herbs, foods, animals or other? (yes / no)

Please list: _____

NUTRITIONAL HISTORY:

Was your child breast fed? (yes / no) Until what age? _____ Any problems? _____

If formula was used, which one was it? _____ Any problems? _____

Food Introduction:

Please list foods introduced, in the order of introduction, with age and any reactions you noticed.

| Food Introduced | Age | Reaction |
|-----------------|-----|----------|
| 1. | | |
| 2. | | |
| 3. | | |
| 4. | | |
| 5. | | |
| 6. | | |
| 7. | | |

Describe your child's typical daily diet:

What is your child's favourite food? _____ Least favourite food? _____

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How much water does your child drink a day? _____

Any problems with bowel movements? If so, describe: _____

VACCINATIONS:

Please note next to each vaccination, when the shot was given and any reaction noticed:

MMR _____

DPT _____

Polio _____

Hemophilus influenza B _____

Hepatitis B _____

Chicken pox _____

Other _____

GROWTH AND DEVELOPMENT:

Note age, in months, when your child started to:

Roll over _____ Sit up _____ Crawl _____ Walk _____ Talk _____

When did their first tooth start coming in? _____ Any problems? _____

When was bladder control achieved? _____ Bowel control? _____

Has your child had problems with toilet training? (yes / no) Describe: _____

Does your child have any speech problems? (yes / no) _____

Does your child have any of the following habits? (circle)

bed rocking head banging thumb sucking tics breath holding nail biting

SLEEP:

Does your child have currently and/or in the past: (circle)

nightmares insomnia sleep walking bed wetting teeth grinding

FAMILY HISTORY:

Please list ages, health problems and if deceased, cause of death:

| | Living (age)? | Health problems | Died (age)? | Cause |
|-----------|---------------|-----------------|-------------|-------|
| Parent(s) | | | | |
| Parent(s) | | | | |
| Siblings | | | | |

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| | | | | |
|----------------|--|--|--|--|
| | | | | |
| Grandparent(s) | | | | |
| Grandparent(s) | | | | |
| Grandparent(s) | | | | |
| Grandparent(s) | | | | |

What is your child's ethnicity? _____

Does your child have any blood relative who suffers/or who has suffered from: (circle)

- | | | | | |
|------------|--------------|-----------------|-----------------|------------------|
| allergies | Arthritis | asthma | cancer | diabetes |
| depression | Eczema | heart disease | genetic disease | hypertension |
| ulcers | Cataracts | thyroid disease | hypoglycemia | seizures |
| gonorrhea | tuberculosis | syphilis | schizophrenia | bipolar disorder |
| anemia | Stroke | sickle cell | Alzheimer's | |

ENVIRONMENT:

Describe your child's current living arrangements: _____

What are your child's main interests and hobbies? _____

What does your child worry about? _____

How often does your child exercise per week? _____ What kind and for how long? _____

Does your child have dietary restrictions; religious or ethical? _____

What religion is your child? _____

Is your child in daycare? (yes / no) How many hours of TV does he/she watch per day? _____

How much time per day does your child spend playing video games or using the computer? _____

To your knowledge, has your child ever been physically or sexually abused? _____

How long has your child lived at his/her present address? _____

Where has she/he lived previously? _____

Is the home damp or moldy? (yes / no) How is your home heated? _____

Is your child exposed to second hand smoke? (yes / no)

What kind of drinking water does your child drink? (circle)

- bottled water filtered water distilled water tap water

List any pets in the child's home: _____

Does your child have any problems at school? If so describe: _____

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Please feel free to comment on any other concerns in the space below. Thank you for taking the time to fill out this form. The information is extremely useful for developing an effective treatment plan for your child.

Consents for Care:

1.) Consent for treatment:

Naturopathic medicine is the treatment and prevention of diseases by natural means. Naturopathic doctors (NDs) assess the whole person, taking into consideration physical, mental, emotional and spiritual aspects of the individual. Gentle, non-invasive techniques are used in order to stimulate the body's inherent healing capacity. Your Naturopathic Doctor will take a thorough case history and conduct a screening physical examination. This may include a breast exam, gynaecological, rectal, prostate, and blood and urine samples as required. Treatment may involve such interventions as Botanical Medicine, Traditional Chinese Medicine, Bony manipulations, Massage, Hydrotherapy, Nutrition, Lifestyle Counselling, Psychological counselling, and Homeopathy.

I understand that I must inform the Naturopathic Doctor immediately of any disease process that I may be suffering from, if I am on any medication or over the counter drugs, if I am pregnant, suspect I may be pregnant or am breast-feeding.

I understand that fees are payable at the time of appointment; including fees for services, prescriptions, and laboratory tests. I understand that Naturopathic Medicine is not covered by MSP (Medical Services plan) and I will need to pay for my services.

I understand that the results are not guaranteed. I do not expect the Naturopathic Doctor will be able to anticipate and explain all risks and complications. With this knowledge, I voluntarily consent to diagnostic and therapeutic procedures mentioned above.

I intend this consent form to cover the entire course of treatment with this Naturopathic Doctor. I understand that I am free to withdraw my consent and to discontinue participation in these procedures at any time.

I agree

2.) Privacy and Sharing of Information:

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I authorize the clinic and its associated health professionals to collect my personal and medical information as documented above. In addition, I authorize the clinic and its associated health professionals to communicate with my family doctor and/or referring doctor as deemed necessary for my beneficial treatment. I also understand that my personal and medical information is confidential and will only be disclosed to third parties with my permission.

I understand that my identity will be protected at all times and, if necessary, identifying information will be altered to protect my privacy.

I understand that a record will be kept of the health services provided to me. This record will be kept confidential and will not be released to others unless so directed by myself or unless law requires it. I understand that the physicians at this clinic are legally obligated to supersede confidentiality if they become aware of current child abuse or neglect, threats to harm or kill another individual and serious threat of suicide involved with my case. I understand that I may look at my medical record at anytime and can request a copy of it by paying the appropriate fee. I understand that information from my medical record may be analyzed for research purposes and that my identity will be protected and kept confidential.

I agree

3.) Cancellation Policy:

Your appointment time is reserved just for you. A late cancellation or missed visit leaves a hole in the therapists' day that could have been filled by another patient. As such, we require 24 hours notice for any cancellations or changes to your appointment. Patients who provide less than 24 hours notice, or miss their appointment, will be charged a cancellation fee.

I agree

4.) Collaborative Health Approach:

To provide me with truly integrated medical care I hereby give my consent to share my file and/or my medical history and current treatment plan options with any other practitioner that I am currently seeing (or may be referred to see in the future) at Acacia Integrative Health Clinic for the sole purpose of improving my current health condition and/or to discuss current and/or future treatment options.

I agree I Disagree

x

Signed Name:
(Parent or Legal Guardian)

Date:

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